

# Helix Scarf

on the csm

by Jenny Deters (idea taken from Stephanie Gaustad's pattern – Spin-Off, Spring 2011)

## Materials:

- about 5 oz. of left over sock weight yarn.
- Heel forks to hang on the outer edges
- Crochet hook to crochet around the edges



I knit these scarves on the 60 needle cylinder at normal sock tension. Knit 'flat fabric', I hand tension the beginning stitch of each row to keep my gauge consistent, though you could loosen your tension to a larger stitch to use your heel spring.

With this pattern, the width is determined by the number of center stitches. The ruffle is the outer 10 stitches on each side. The narrower scarf of 30 stitches (center of 10 sts) may have a tendency to turn & not lay flat; whereas, the wider scarf of 40 stitches (center of 20 sts) should lay straighter without turning as it hangs. Since this Helix scarf is knit all stockinette, the outer edges of the ruffle will probably want to roll, so I crocheted an edge in a contrasting color all the way around. I only used 1 center weight, as I did hang heel forks on the outer edges – the heel forks will need to be moved often.

Hang set-up bonnet on 30-40 needles & knit several rows with scrap yarn. End on the L (left) side. Tie on project yarn, leaving a 6" tail.

PATTERN: 40 needle pattern in ( )

Row 1: Knit across from the L to R (right). You will start working the ruffle on the R side.

Row 2: Raise 20 (30) needles on the L side. The 10 needles on the R will remain 'in play'.  
Knit those 10 sts from R to L.

Row 3: Wrap your yarn @ the 11<sup>th</sup> needle from the R, which is the first raised needle on R.  
Knit back across those 10 sts from L to R.

Row 4: Raise 5 more needles, leaving 5 needles 'in play'.  
Knit those 5 sts from R to L.

Row 5: Wrap your yarn @ the 6<sup>th</sup> needle from the R, which is the first raised needle on R.  
Knit back across those 5 sts from L to R.

Row 6: Lower all the needles & knit across the entire width of 30 (40) needles from R to L.

Now on the L side, you will begin the ruffle on that side. Do so by repeating rows 2-6, substituting L for R's & R for L's

Continue in the pattern to the desired length. I knit about 4 ft. Leave 6" tail, tie on scrap yarn & knit several rows. Remove from machine.

FINISHING: With a solid contrasting yarn, crochet around the edges. If you don't crochet, you could knit a 3 needle I-cord to attach to the edge.

Steam press to get edges to lay flat.